

S.N	Name of the Film	Film	Duration in minutes	Description
1	Ek Saal ki Dulhan	Anjali Khatik	5:20	The film tells the story of a one-year-old girl forced into child marriage. It shows how people around her justify this practice and pressure her to follow the customs of marriage.
2	Meri Zindagi	Anju Gurjar	2:25	This film talks about Anju, how her mobility became limited after school, affecting her freedom to go different places with friends and play cricket. Despite a few supportive individuals in her life, her family restricts her activities. She expresses a sense of confinement and is unsure about what to do. Anju also mentions her elder sister being a source of support in her journey.
3	Meri Apni Jagah	Bhagwati	1:45	In the movie, Bhagwati wants to be known by her own name, not just as someone's daughter or wife. She questions her role in the family and deals with all the household responsibilities, but that doesn't stop her from pursuing her dreams.



4	Aazadi ?	Hemant Gurjar	2:11	Hemant's story is about dealing with fear and facing challenges at home. Everything she does, from her actions and education to even wanting something for herself, is controlled by her family. Because of this, she finds it hard to express herself. Despite these challenges, Hemant is trying to break free and be true to herself.
5	Meri Zindagi	Jyotsana Prajapati	2:30	Joshna opens up about her child marriage, highlighting how it limited her freedom to choose what she wears and express herself. Sadly, she unveils the painful truth that her inlaws don't want to keep both her and her daughter because she gave birth to a girl child. Through the film, she raises important questions for society, expressing her concerns and challenging societal norms that perpetuate discrimination based on gender.



6	Football changed my Life	Krishna	2:52	In Krishna's village, it's tough for girls to play football. She really wants to play, and when she does, there are many challenges she faces just because she's a girl. But, Krishna doesn't give up. Instead, she gets other girls to play too.  Even after facing difficulties, Krishna goes a step further. She asks tough questions to the villagers, making them think about their ideas. Through her playing and questioning, Krishna tries to change things, making the village a place where girls can enjoy playing football without any problems.
7	Humari Khwahishay Our Desires	Lakshmi Sen	2:46	Lakshmi recognizes her mother's aspirations for education and senses the transformative atmosphere when they engage in conversations about studying. She actively supports her mother, ensuring she doesn't feel isolated in her educational journey. This powerful narrative illustrates women standing up for each other, fostering a supportive environment where aspirations and dreams are shared and uplifted.
8	Thirakte Kadam Dancing Steps	Mamta Lohar	2:36	Dance is Mumta's first way of expressing herself. However, when she decides to pursue it as a career, her family and neighbours make fun of her, saying "Naachane wali banegi kya?" Because of this criticism, Mumtaz is forced to abandon her dream of a career in dance.



9	Chakkaa Wheel	Manisha Jat	1:59	In this movie, the protagonist shares how mobility is a distant dream for many young women. She particularly emphasises the significance of her bicycle, portraying it as a symbol of liberation and freedom. The bicycle becomes her means of mobility, allowing her to venture out, define her identity, and embrace her true self. It serves as a precious gift, enabling her to navigate the world on her own terms and be the person she aspires to be.
10	Aurat Ka koi Tyohar Kyu Nahi ?	Manisha Jat	1:26	The film explores the tradition of women and girls handling all household chores during festivals. Manisha challenges this, advocating for shared responsibilities. It depicts her mother's tireless efforts, occasionally feeling weary, yet committed to creating a joyous celebration atmosphere. The narrative highlights the transformative power of shared responsibilities and the freedom to celebrate without traditional gender constraints.



11	Periods	Manju Rawat	3:19	In the film, Manju bravely addresses the repercussions of family ignorance, sharing her feelings of being unwanted and saddened as a child. She specifically discusses her struggles with period issues, emphasising how her family's lack of attention exacerbated her emotional turmoil. The narrative unfolds as Manju sheds light on the importance of familial support and understanding, underscoring the impact of neglect on a child's well-being.
12	Is it wrong to be a girl ?	Maya Gurjar	04:44	The film tells Maya's story, showing how she becomes a proud leader and changes things for the better. Maya is the first girl in her village to finish college. She becomes a leader, inspiring other girls and women to talk to their parents about education and more freedom.
13	Hockey Aur Main Hockey and I	Pooja Bairwa	2:03	In the film she shared She had a deep passion for hockey, but financial constraints and health issues forced her to give up the sport after school. The Tech Sakhi program became her lifeline, providing not only tech skills but also a strong support system. Fueled by newfound confidence, she dared to dream big and reached out to friends and organisations for help, turning her hockey dream into a hopeful reality.



14	Sulajhhati- Ulajhhati Zindagi Complicated life	Sheela Bairwa	2:53	The film delves into the issues of child marriage, centering around Sheela's personal narrative.  Married at the age of 8, Sheela reveals the profound repercussions of financial limitations and the tradition of simultaneous sibling marriages. The storyline explores her emotional stress, highlighting the difficulty of articulating dissent within a family tethered to societal expectations. Through Sheela's journey, the film illuminates the quiet struggles encountered by girls and families entangled in the intricacies of a deeply ingrained marriage system.
15	Rishta Relationship	Sheela Rawat	4:30	This film, featuring Sheila's story, strongly emphasises the importance of freedom and respect in marriages. Sheila's honest revelations go beyond her personal experiences, providing a thoughtful commentary on societal dynamics surrounding matrimony. The film becomes a voice for many facing similar challenges, bringing attention to overlooked aspects of relationships. Sheila advocates for redefining relationship norms, focusing on mutual respect, autonomy, and dignity.
16	Who does what ?	Santara Chaurthiya	4:24	This is Santra's own story, where she expects her husband to help her with household tasks and lend a hand. A disagreement arises between Santra and her husband over this matter. Santra wants to do and learn so much, but due to her responsibilities, she struggles to find the time.



17	Child marriage	Sanju Rawat	4:30	In the film, Sanju courageously talks about her child marriage, expressing the fear she felt during that crucial moment. She openly shares the challenges she encountered and the conditions she must now navigate. Despite these obstacles, the story unfolds to showcase Sanju's strong determination to rise above her circumstances and pursue her dreams. The film open her resilience, illustrating her commitment to surpass the limitations imposed by child marriage and aspire to greater heights in life.
18	Jaati Akkhir kyon ?	Teena Bairwa	3:07	Teena in her films questions the caste discrimination prevalent all around her. In public spaces like schools, tea-stalls, water sources like hand pumps and wells etc; but the discrimination doesnt stop here but leads to sexual violence.



19	Madadgar Ammi (Supportive Mother)	Toshiba	2:19	In the film, Toshiba honestly talks about her journey, starting with the fear she had of her family discovering her dreams. She reveals a turning point when she decided to join the Tech Sakhi program, not just sparking her interest in technology but also making her more aware of her dreams.  The story beautifully captures Toshiba's shift from fearing her family's judgement to finding freedom in the Tech Sakhi initiative. As she engages with the program, her confidence grows, empowering her to pursue her dreams with greater determination.  The film stands as a powerful testament to Toshiba's bravery in breaking away from fear and societal expectations. It shows how technology, through the Tech Sakhi program, becomes a catalyst for her self-discovery and the fulfilment of her aspirations.